

DIVINE  
PRINCIPLE

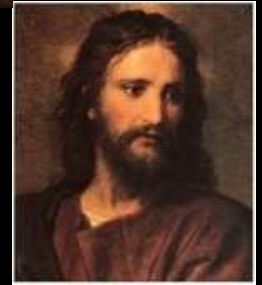


# Divine Principle & Prayer

## Introduction



C.T.  
Heavenly Parent  
Divine



N.T.  
Father  
Love



O.T.  
Jehovah-Jahwe  
Judge

## ***Introduction***

- Prayer – was the focus of Jesus life
- Prayers are central to Jews, Muslims and Christians alike
- Sun Myung Moon = Lord of Second Advent and Unification Movement no difference
- Prayers is the core lifeline of a True Religious Life
- The superfast “phoneline” to God and Spirit World – faster than Einsteins speed of light

- Had Eve prayed to God when Lucifer approached her...
- Had Adam prayed to God when Eve tempted him...

- Had the Scribes, Pharisees prayed to God about the return of Elijah, God would surely have told them that the Return of Elijah was manifest in John the Baptist, as Jesus claimed.
- Had John prayed in prison...
- Had Saul (later St Paul) prayed about Jesus and his followers he would surely not have persecuted the early Christians.

Prayer is the Answer and brings Truth!

## Quotes:



- Good Christian weapon /M Luther
- The most potent instrument of action  
/Gandhi
- Best way of self analysis,  
check - what words are stressed!  
/Unknown
- Way of changing the mind of God  
/Art of Love Russian writer

- “Our prayers should be for blessings in general,  
for God knows best what is good for us.” /Socrates
- “The greatest prayer is patience” /Buddha
- “Salat (Prayer) is an obligation. Whether your heart is attentive or not, it must be performed.  
You cannot give up Prayer because to you it appears useless.” /Khurram Murad



- “Prayer is not asking. It is a longing of the soul. It is daily admission of one’s weakness. It is better in prayer to have a heart without words than words without a heart.” /Mahatma Gandhi
- “I have never made but one prayer to God, a very short one: "O Lord, make my enemies ridiculous." And God granted it.” /Voltaire





Prayer is the medium of miracles.

Prayer is the natural communication of the Created with the Creator.

Through prayer, love is received,  
and through miracles love is expressed.

/A Cource in Miracles

Pledge #5

Our family, the owner of Cheon Il Guk,  
pledges to strive every day to advance the unification  
of the spirit world and the physical world  
as subject and object partners, by centering on true love.

/Sun Myung Moon

"Perfect content of Prayer"



/Dr. Youngghi Cho

- Training in Prayer

First and foremost we need to be trained in prayer. The Holy Spirit can not occur in us without prayer backing it up. The development of spirituality within us takes place through prayer.

Therefore training in prayer is absolutely imperative.





The Christian orthodox prayer necklace is a prayer rope with 100 complex knots made from rope and is traditionally used by eastern Orthodox Christians to concentrate during prayer.

- OT *The Lord is near to all who call upon him,  
to all who call upon him in truth. /Psalm 145.18  
Cast your burden on the Lord, and he will sustain  
you. /Psalm 55.22*
- NT *Therefore I tell you, whatever you ask in prayer,  
believe that you have received it, and it will be  
yours. /Mark 11.24*
- Qur. *When My servants ask you concerning Me, I am  
indeed Close to them. I listen to the prayer of  
every suppliant when he calls on Me.  
/Qur'an 2.186*
- CT *Prayer is calling to God and conversing with Him.  
/3 May 1995*

"Our Father in heaven,  
hallowed be your name.  
Your kingdom come,  
your will be done,  
on earth as it is in heaven.

Give us this day our daily bread,  
and forgive us our debts,  
as we also have forgiven our debtors.

And lead us not into temptation,  
but deliver us from evil."











Artist: Benny  
Andersson

*Hope*

*Entirety*

*Resurrection*

*Heart*

*Faith*

*Filial Piety*

*Loyalty*

*Determination*

*Devotion*

*Restoration*

*Victory*

*Unification*

REVEREND

SUN MYUNG MOON

# PRAYERS

A Lifetime of Conversation  
with Our Heavenly Father

The Importance of Prayer  
Reverend Sun Myung Moon  
April 15, 1979

From the Book: A Life of Prayer, 1991 HSA-UWC

*Reverend Moon gave this sermon at Belvedere, New York.  
In it he describes his own attitude to prayer.*

If you receive in your prayer that you will meet a person at such and such a time, when you go there then that person will come.

If you are dead serious then these things will happen. Hypnosis can transfer a person into another state of consciousness, but how much more can prayer change lives.

There is no distance or limit to its influence because the power of thought travels everywhere.

You can mobilize the entire spirit world by the power of prayer.

You have experienced that I will work through your prayers and tell you certain things.

**There is no limit to the power of prayer.**

- The most important thing in prayer is the attitude of the person who is praying.
- The most essential thing is your commitment to go forward without reservation.
- If anything wants to block you, you have to be decided that it will never stop you.



- God is foolish if He gives His help freely but then at the end of several years the person is all in pieces. If I were God I would also wait and see.

Suppose you were God; what would you do?

You may tell God, "You see I am living as a church member and I will die as one."

Then God will notice and look more closely, but no matter how firmly you pray, without this basic commitment nothing will happen and you will be wasting your time.

**A decisive attitude is the key.**

- I prayed first for the absolute faith which could say, "Even if not a single person in this world can believe, I will believe and follow in whatever incredible course ' You give me."
- Second, I asked for absolute knowledge and wisdom.
- Third, I asked for absolute love.  
I prayed for these three things throughout my life, and now in looking back I see that they have been fulfilled,  
even when I didn't know it was happening.



- An attitude of absoluteness is the basis for everything
- In our Unification Church faith  
the most beautiful word is indemnity;  
through indemnity we can pay the debt of sin.

You can think that no one else could stand such a burden of indemnity, so God is asking you to pay instead as His champion.

You can accept it with a thankful heart..

- You know the law of indemnity; you cannot expect only good things and then curse God when unpleasant things happen.
- With knowledge of indemnity there should be nothing you cannot bear.
- That is the attitude of those who truly know God.

- Prayer is an absolute necessity.
- You may kneel down all the way to pray, but the most important thing is that you create an environment of commitment first.

- If you seriously sit down and pray,  
God will encourage you.
- As soon as proof of your commitment comes to God,  
an avalanche of help will come to you.
- I have had the experience of thinking about  
some problem and not even praying about it,  
but already God knew my thoughts and went  
one step ahead of me.
- When I discovered that my thinking had been fulfilled,  
He smiled and said, "See what I did?" 😊

- You need the basic attitude of sincerity as a foundation of prayer,  
Otherwise, no prayer will work.
- More important for creating that atmosphere is to go out and serve one more person,  
knock on one more door,  
receive more persecution.

That is more valuable than sitting for hours in a dark room praying

- Prayer is only needed after you have exerted all your energy and it was not enough.  
Then you can ask God to come help
- The prayer for all seasons is the prayer for God's kingdom and His righteousness.
- You don't even have to sit down to pray; you can just talk to yourself as you go, whispering and murmuring your concern.  
That's prayer  
In our case praying and doing is our life.

- Prayer is like a covenant between you and God,  
a promise.

Once you make a contract, you follow through  
and then it will undoubtedly be fulfilled.  
That is the attitude I am talking about.

- You must not be disappointed when prayer is not  
answered immediately. Some answers come late.



Belvedere ca 1980



- When you pray for the world you may not see things changing immediately around you, but far away the communist world starts to crumble.
- The impact of prayer can be felt in a far-away place.
- If you are in the Abel position, the answer comes from Cain and takes time to reach you.

- If many of you pray that kind of eternal prayer, the world will start to shake and the impact will be far-reaching.
- The root of that prayer is your tears, sweat and blood, and out of it beautiful flowers will blossom.
- When Jesus prayed on Gethsemane he was **deadly serious, shedding tears, sweat and blood.**
- All day long you must be in a prayer mood, not just one hour, but 24 hours.

- Through prayer you can receive power.
- Through prayer you can receive visions  
into the future and guide yourself accordingly.
- You will know what kind of difficulty is coming and how to divert it and overcome.
- If you know how to steer yourself then you can do big things, and prayer alone can pioneer such a path. It is more important than eating.

- You must make yourself self-propelling.  
In order to do that, prayer must be the diet of your life.
- Whether people recognize your efforts or not,  
you must do your duty enthusiastically because  
you have a covenant with God.
- Day and night you move on; there is no pause.
- That is a living testimony.

- Hypnosis can transfer a person into another state of consciousness,
- but how much more can prayer change lives.
- There is no distance or limit to its influence because the power of thought travels everywhere.

- You can mobilize the entire spirit world by the power of prayer.
- There is no limit to the power of prayer.
- If you live with this high sensitivity to spirit world, you will sense what is forthcoming.
- Your perception will be keen and you can prepare for the future.

/The Importance of Prayer Publ. 1979

Jesus had many prayer vigils, and the people who worked for heaven in the past also prayed hard in order to fulfil their great missions.

Without a life of prayer, they could not have reached their levels.

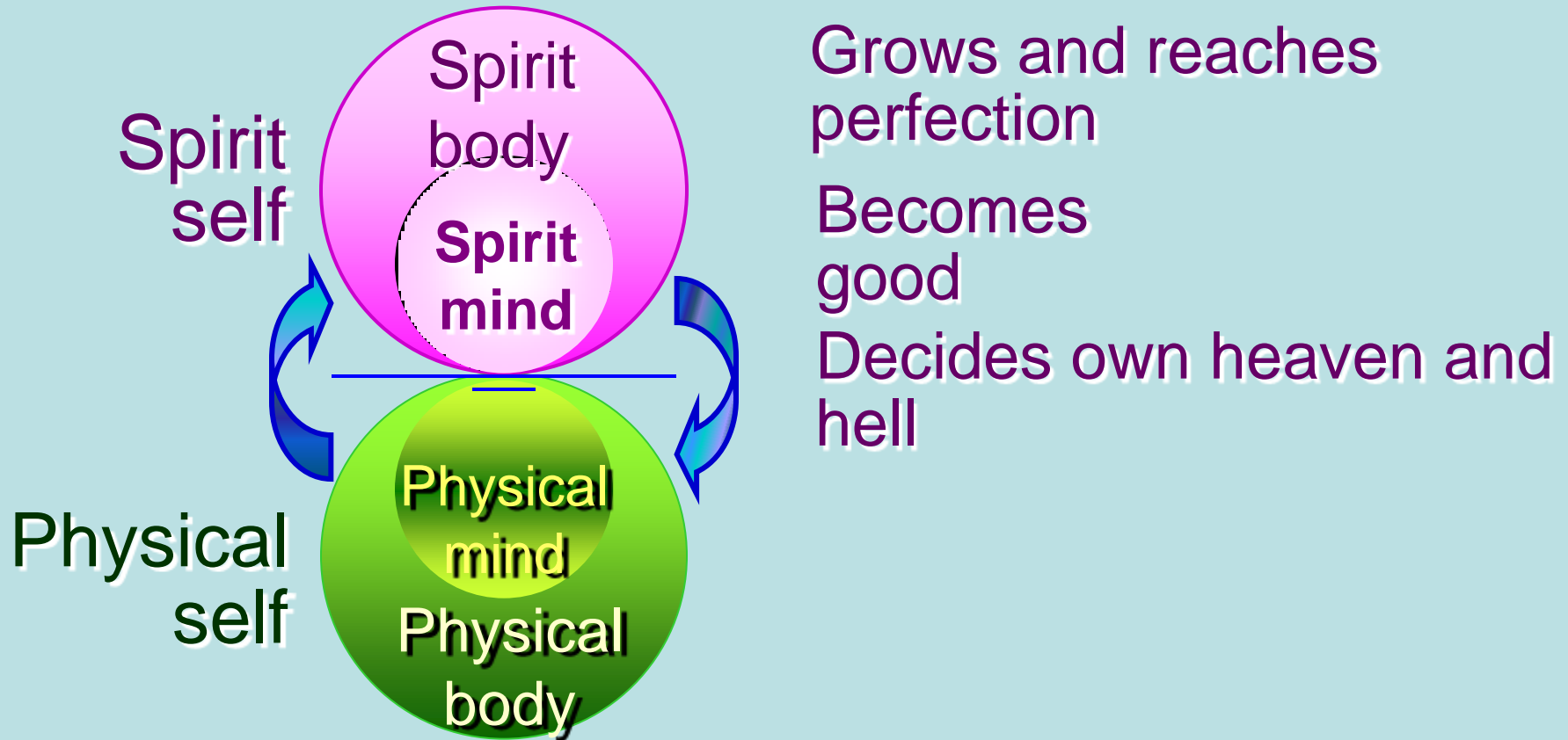
You may not know when your prayers for God's Will will be realized.

Neither do you know whether or not your prayers will be answered.

Still, you should have patience to wait.

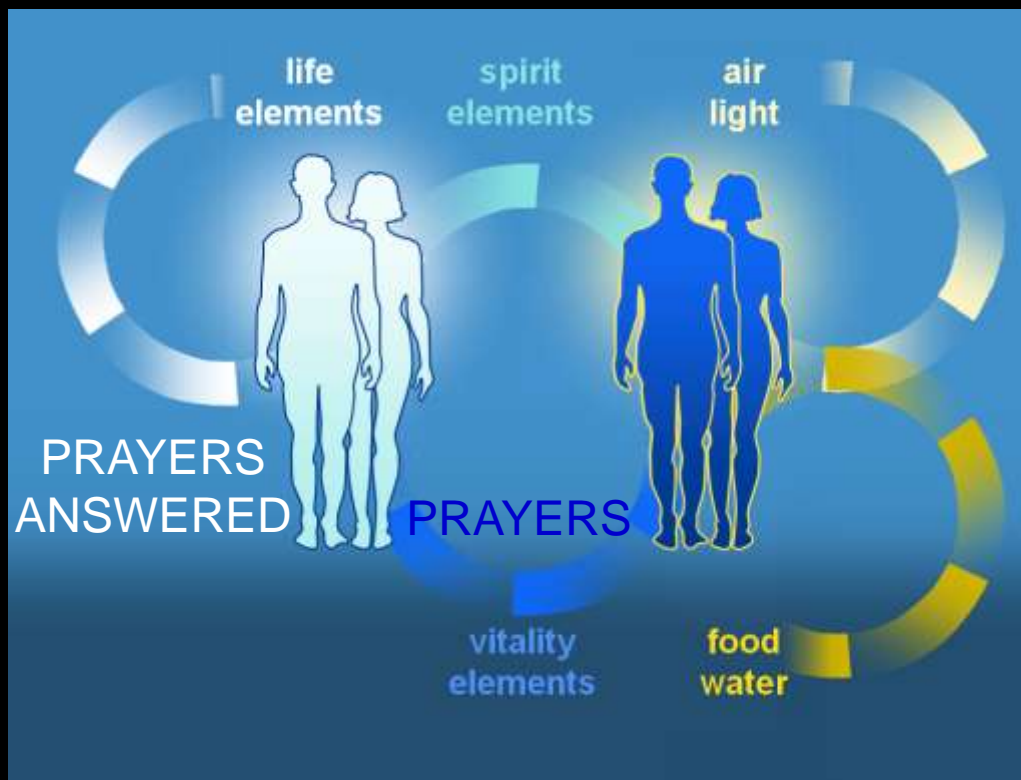
/SMM 1979 (104-111)

### 6.3.2 The Structure and Functions of the Spirit Self



**It is not God who decides whether a person's spirit enters heaven or hell upon his death; it is decided by the spirit himself (p. 50).**





- You should know that you are like two people in one.
- Your inner man is like a mirror, clean and bright.
- When the inner and external men are perfectly aligned you feel joy and power.  
This is happening every day within you.



1972

- Don't neglect this inner man but consult him all the time.
- When you are higher spiritually you are always there, always speaking with this inner man.
- You have a spirit man and he wants to talk to your physical man.

- You may not have any intention of saying anything yet suddenly you find your mouth moving.
- That is not you but your inner partner speaking.
- For your inner and outer man to become one  
you need the power of prayer!

- If I only paid attention to my family instead of to the world and God, my family would get sick.
- I don't concern myself with my family's well-being; I concern myself with the Church and God's work and I know God will take care of them in the meantime.
- This is the principle of give and take.
- Those who want to do more for others will receive more; those who want to go down will be lifted up.

1982



- You know that certain things will succeed because you feel pulled in that direction and are eager to go ahead.
- Your body is like the receiver of a radio.
- Free yourself from self-centered thinking, and then mighty things will happen to you.
- You must open that valve.

- You are entitled to ask for God's power, but only for the sake of His righteousness and Kingdom. **Then He will come down.**
- Make a showdown with God every day.
- It shall become second nature, and without being conscious of it you can live that life all the time.

Let's do it then.





## Matthew 7:24-27

Jesus said:

<sup>24</sup> Therefore whosoever heareth these sayings of mine, and doeth them, I will liken him unto a wise man, which built his house upon a rock:

<sup>25</sup> And the rain descended, and the floods came, and the winds blew, and beat upon that house; and **it fell not: for it was founded upon a rock.**

## **Matthew 7:24-27**

**Jesus said:**

<sup>26</sup> And every one that heareth these sayings of mine, and doeth them not, shall be likened unto a foolish man, which built his house upon the sand:

<sup>27</sup> And the rain descended, and the floods came, and the winds blew, and beat upon that house; and it fell: and great was the fall of it.



Mary Magdalene by Ary Scheffer (1795–1858).



Lets build our house = Our Life  
On solid ground = DP & the Bible  
with Prayer support

## **Benefits of Prayer** /Ken Sudo

Bible Verse: 1 Thessalonians 5:17

Sermon Theme: "Understanding the positive and practical benefits of prayer."

Main Idea: If the sum of our prayer life consists of reciting the Lord's prayer once a week, then we have to say that our prayer life is not strong enough. Usually this happens because we don't understand the value of prayer and the very real things that prayer can accomplish in our life.

When Jesus prayed the Lord's prayer, he didn't mean for us to just recite that prayer and call that a prayer life.

In Matthew 6:9, Jesus says "Pray ye, after this manner"; in other words, prayer in this tradition or style, but not word for word.

In this sermon we want to explore the real benefits of prayer.

1. Prayer develops our personality, because in prayer we are having give and take with God who is the source of our identity.

As a result, we gain clearer, firmer hold of our own self image. This makes for a more confident, outgoing, and loving individual.

Prayer is like water for our soul.

With the constant supply, our personality becomes bright and beautiful.



## 2. Prayer gives us the confidence to succeed.

Usually fear of failure comes from a bad self image.

Prayer changes our wrong self images and gives us confidence in ourselves and what we must achieve.

This doesn't mean we become cocky, but, as Matthew 19:26 says, "...with God all things are possible..."

When God is present with us in prayer, we naturally feel, by His grace, the real opportunities made possible.

### 3. Prayer solves problems.

Got a problem?

Don't know the answer or solution?

Pray about it. God is the source of all intellect. God knows everyone better than they know themselves.

Prayer is, therefore, the highest path to real problem solving.

God understands every situation and can provide real answers, specific answers.

God is a cosmic God, but also an intimate God who knows each of us in an intimate fashion. Matthew 10:30: "...the very hairs of you head are all numbered."

#### 4. Prayer changes things. James 5:14-15.

Prayer for others and based on the sincere heart of your prayer allows God to intervene in that situation.

God can carry out His will much more effectively on the sincere prayers of the believers.

Jesus prayed, "God's will be done, on earth as it is in Heaven." (A good personal experience is effective here.)

## 5. Prayer helps us to realize our mistakes.

Prayer is the prelude to repentance and renewal.

Many times we can't repent, simply because we have failed to realize the nature and extent of our sin.

Prayer brings these things into clear focus.

Prayer helps us to realize how our sin has hurt God, how our sin has hurt others, and how our sin has hurt ourselves.

6. Prayer helps us to understand God's heart and will.

How does God feel about things?

What is His will about my life?

Etc. Mostly we act impulsively in life, without deep reflection.

No wonder we many times are confused and unhappy.

6. contin...We need to live out lives in accordance with God's heart and will in order to realize a truly happy life.

Prayer brings the heart and will of God into clear focus.

If the chosen people, two thousand years ago, had prayed first about Jesus, then I'm sure they would have accepted and followed him.

## Summary:

We should begin a true prayer life, seeking to know God's heart and will, realizing our sin and repenting, seeking the accomplishment of God's will, solving our problems as well as the problems of others, gaining confidence in the capability of God to work, and perfecting ourselves in His image.

Amen.

# Jesus' Message to Christians and All People on Earth

April 5 2001

Dear Christians and all people on Earth, please pray over this matter while fasting.

Then I will appear to you and clearly tell you the truth.

When you do it, you should be totally focused on praying with a pure heart.

Reverend Sun Myung Moon is the one who came to Earth to complete my mission that was not fulfilled through the redemption of the cross.

He comes as the True Parent to conclude God's providence in the Completed Testament Age.



I came with the mission of the Messiah in the New Testament, but people at that time crucified me.

That is why **there remained a task for God to fulfill**, and the necessity of a Second Coming.

The Messiah in the New Testament Age brought salvation to people in the spirit.

Still, history continued with the homework of physical salvation **remaining to be fulfilled**.

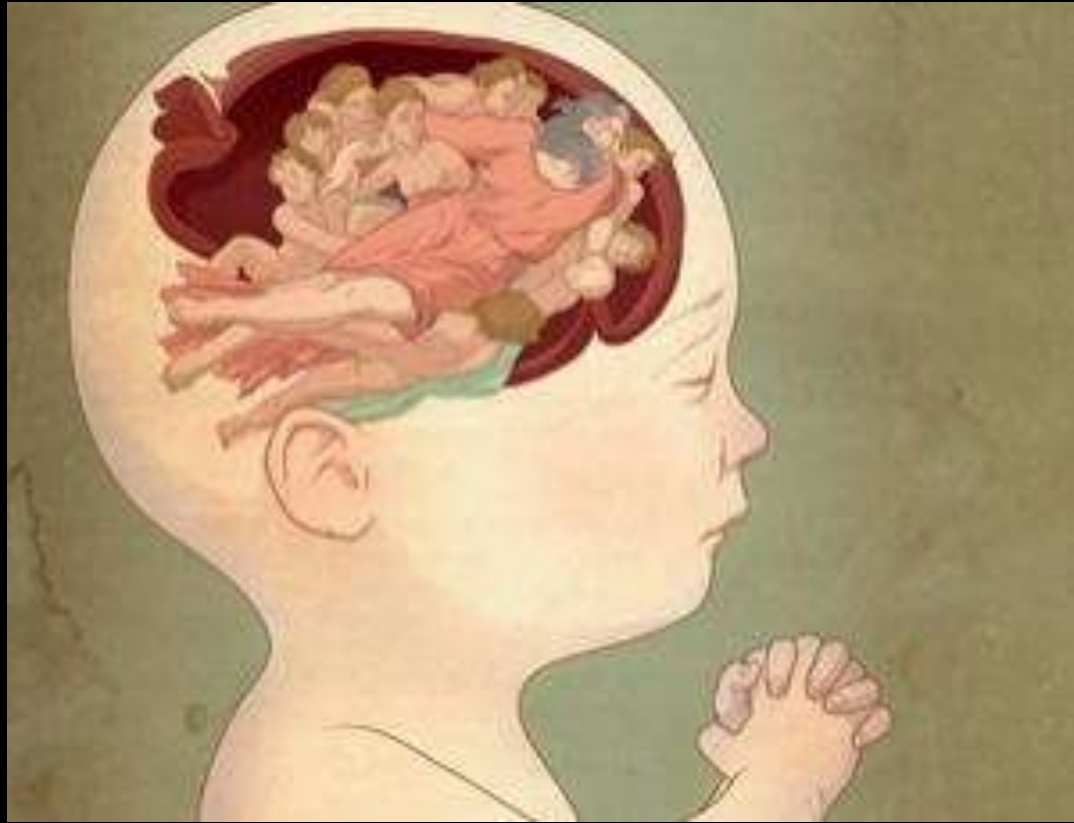
Wandering in the alleys of grievance, suffering, sorrow and pain, God endured endless tension and pressure while He waited to send the Messiah again to Earth.

After separating good and evil in order to prepare his lineage, God could send Reverend Sun Myung Moon.

/Jesus

Source:

[www.messagesfromspiritworld.info/](http://www.messagesfromspiritworld.info/)



## **A Prayer before Dying**

*/Psychiatrist Elisabeth Targ*

**THE ASTONISHING STORY OF A DOCTOR WHO  
SUBJECTED FAITH TO THE RIGORS OF SCIENCE -  
AND THEN BECAME A TEST SUBJECT HERSELF.**

- A lot of studies had investigated the effect of prayer on healing,
- Forty patients were recruited.
- They filled out questionnaires, had photos taken, and signed consent forms that indicated they had a 50/50 chance of being prayed for by faraway psychic healers.
- They were free to pray for themselves and have family and friends pray for them as well - the trial design assumed everyone would get a "baseline" amount of prayer from loved ones.

- Their blood was drawn, and a computer matched them to a statistical twin - a counterpart with a similar CD4+ level, age, and number of previous AIDS-related complications.

The computer randomly assigned one of each pair to a control group and the other to a treatment group.

- The photos of those in the treatment group were sent to 40 healing practitioners, ranging from rabbis to Native American medicine men to bioenergetic psychics.

These healers performed their rituals one hour a day for six consecutive days. Each week for 10 weeks they rotated, so each test-group patient received distant healing from 10 practitioners.

- The healers kept logs and were not paid. They never met the subjects in person.  
The photos of the control group were kept in a locked drawer.
- Six months later, the data was unblinded.  
The healers kept logs and were not paid. They never met the subjects in person.
- The photos of the control group were kept in a locked drawer.
- Six months later, the data was unblinded.



## RESULT

- The research results showed that the subjects who were not prayed for spent 600 percent more days in the hospital.
- They contracted 300 percent as many AIDS-related illnesses.
- That's a pretty sensationalistic way of saying those who were prayed for were a lot less sick.

- More Info on **A Prayer before Dying**

[http://www.wired.com/wired/archive/10.12/prayer.html?pg=1&topic=&topic\\_set=](http://www.wired.com/wired/archive/10.12/prayer.html?pg=1&topic=&topic_set=)

Google "Elisabeth Targ"



## Power of Words

In Japan, elementary school students along with their teacher performed an experiment using rice in three different bottles.

To one rice bottle, "Thank you" was said every day. A second bottle was ignored all the time, and the last bottle was told "You fool!" every day.

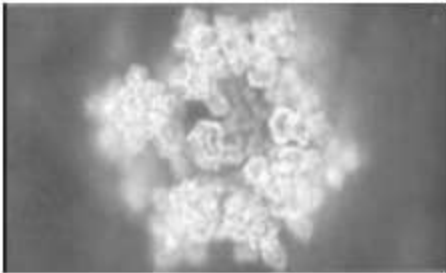
The class watched to see how quickly the rice spoiled. The rice in the bottle that was ignored spoiled first, followed by the rice in the bottle told "You fool!" Meanwhile, the rice that was told "Thank you" was preserved without spoiling.

## Power of Words

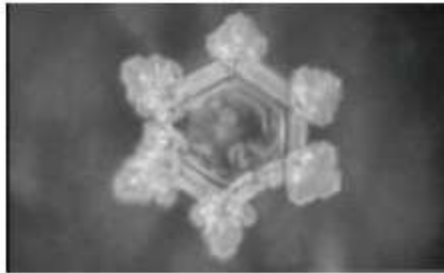


# Water Crystals

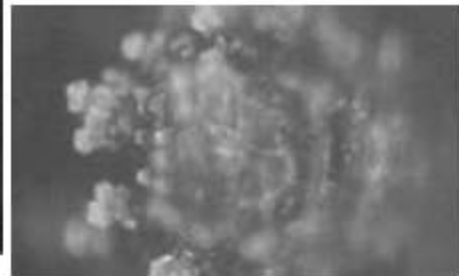
## Dr Masaru Emoto



Said "you are beautiful"  
a few times



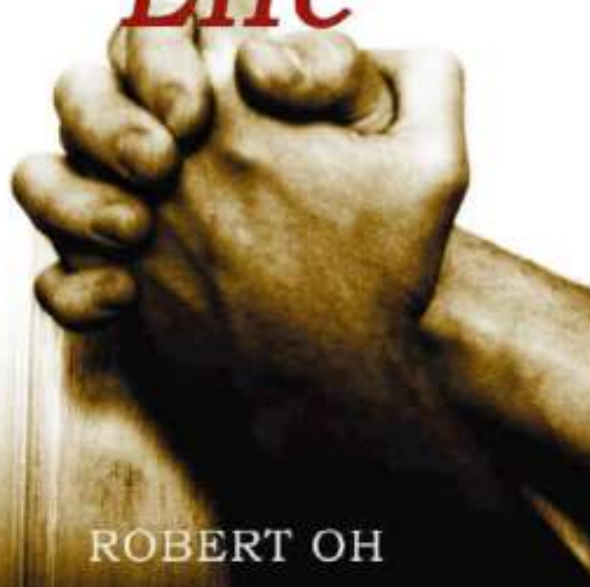
Said "you are beautiful"  
numerous times



Said nothing (disregarded)

SIGNATURE EDITION

THE  
PRAYER DRIVEN  
*Life*



ROBERT OH

PASTOR OF OSEON COMMUNITY CHURCH

Dedicated to  
Dr. David Yonggi Cho

PART I: TO BE LIKE JESUS.

PART II: TO PRAY LIKE JESUS

Prayer is Petition – ASK

Topical Prayer

Ripple Prayer

Prayer is Devotion – SEEK

Prayer Conquers Over Your Flesh & Mind 43

Tabernacle Prayer

PART III: TO JOIN JESUS IN HIS PRAYER

Prayer is Intercession – KNOCK.

Warfare Prayer

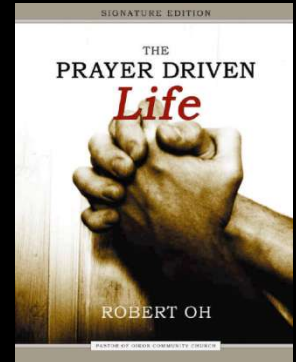
The Lord's Prayer

Fasting Prayer

Part IV: LISTEN AND OBEY

God Speaks

Listen and Obey







# Pray and Grow

by Rev. In Hoi Lee

## I. What is Prayer?

*"Prayer is like the air of our spiritual life."*

*"Prayer is like breathing."*

Prayer should be natural and unconscious. When you breathe, are you consciously aware of breathing? No, it is natural and unconscious. Prayer should be like this.

*"Prayer is the concentration of our sincerest heart."*

*"Prayer is like a deep water urn."*

When water drops in this urn, you cannot hear it hitting the bottom. Prayer is that much deep beyond meditation.

*"Prayer life consists of reporting to God honestly."*

*"Prayer is a conversation between God, the wounded parent, and myself, the sinful child."*

## **II. The Purpose of Prayer:**

The Purpose of prayer is to fight to separate from Satan and to return to God.

### III. The External Aspects of Prayer

#### 1. The Kinds of Prayer

*"There are two kinds of prayer. One is for a particular person, and the other for the realization of a public purpose. If the person you pray for does not respond, his blessing will be transferred to you."*

### III. The External Aspects of Prayer

#### 1. The Kinds of Prayer

*"There are two kinds of prayer. One is for a particular person, and the other for the realization of a public purpose. If the person you pray for does not respond, his blessing will be transferred to you."*

*"You have to pray for family members three times a day. Pray for them, especially in the morning."*

*"The other kind of prayer is for the realization of a public purpose. Your prayer for the public purpose will shorten the time of Judgment."*

### III. The External Aspects of Prayer

#### 2. Content of Prayer:

##### a. Father's Prayer:

*"The way to pray is to:*

*\*Make God's Heart of restoration of 6, 000 years your own.*

*\*Understand Jesus' indescribable heart.*

*\*Console Father, who fully embraced God's Will and has walked a painful course to achieve it.*

*\*Understand the hardships of family members who are fighting for God's Will.*

*\*Pray as an offering, centering upon your reflection and pledge."*

### III. The External Aspects of Prayer

#### b. Prayer which God cannot grant

*"A selfish prayer is just a dirty prayer, a beggar's prayer. We ought to offer the prayers of comfort and inspiration and encouragement to God, not the prayers of beggars."*

*"Whether or not your prayer is realized depends on whether it is in accordance with God's purpose."*



### III. The External Aspects of Prayer

#### 3. Time and Place

*"When you pray early in the morning, you have to be able to hear the beating of your heart."*

So, Father suggested we pray early in the morning. But also He said,

*"There are four types of men: east, west, north and south. Each person has a different time of prayer which gives blessing to him."*

## IV. The Internal Attitude towards Prayer

### 1. With Seriousness and Earnestness:

*"When you pray, your heart should be as earnest as a baby crying for mother's milk."*

*"When you pray to Heaven, it must be with the pure heart of a child asking his own Father."*

## IV. The Internal Attitude towards Prayer

### 2. With Humility:

*"You should pray with repentance, not pride."*

*"You must pray before you act, but after having done something you must kneel down before God in prayer of thanks."*

*"Prayer should be rooted in true love and accompanied by tears."*

Father said, *"You can cleanse your body with water. But how can you cleanse your mind? With tears."*

## IV. The Internal Attitude towards Prayer

### 3. With Faith:

"Therefore I tell you, whatever you ask in prayer, believe that you have received it, and it will be yours."  
(Mark 11:24)

*"Grasp the victory during your prayer, cultivating determination."*

## IV. The Internal Attitude towards Prayer

### 4. With Consistency:

*"Live a life of prayer, not only in the prayer room, but even while eating and walking. Pray 24 hours a day."*

## IV. The Internal Attitude towards Prayer

### 5. With Action:

*"A question that pops up in many people's mind is 'When will my prayer be realized?'"*

*"Prayers are only answered to those who try their best to fulfill that for which they prayed."*

*"Do not expect the answer just because you have prayed. But apply yourself physically to the fulfillment as much as possible. Then God will help you in the accomplishment."*

## V. The Benefits of Prayer

### 1. Spiritual Peace

*"If you pray, you will never feel lonely, even if you are alone."*

*"We can be moved to repentance of sin and be consoled."* King David prayed, "Create in me a pure heart, O God, and renew a steadfast spirit within me."  
(Psalm 51:10)

Moreover, *"We can touch God's ShimJung and relate to God and the spiritual world."*

# V. The Benefits of Prayer

## 2. Spiritual Growth and Spiritual Help

*"We can mobilize the whole spiritual world and physical world."*

*"We can gain the ability to discern good and evil and gain future vision."*

*"We can find the wisdom and the power to resolve difficult and impossible problems."*

Prayer brings about change through renewal so that we can become "meek and humble, surrender obediently and serve in a sacrificial way" as Jesus taught.



## **V. The Benefits of Prayer**

### **3. Church Health and Growth**

Church growth facts and figures, formulas and strategies are great, but candidly they are worthless without spiritual power and the anointing of God.

A leader knows that he cannot lead beyond his or her own ability.

## **V. The Benefits of Prayer**

### **4. World Transformation**

Moses prayed boldly because he believed his prayers could change things, even God's mind.

This comes as a genuine liberation to many of us, but it also sets tremendous responsibility before us.

## VI. Conclusion: The Power through Prayer

Jesus urged his followers to petition God for their needs.

*"Ask, and it shall be given to you; seek, and you shall find; knock, and it shall be opened to you." (Matt. 7:7)*

By that measure, millions of people including us are finders as well as seekers.

## **VI. Conclusion: The Power through Prayer**

### **a. Let us create small group for prayer.**

This group can run a round-the-clock prayer ministry, a prayer line, a prayer partner, a prayer request, Holy Ground prayer, evening healing services for the sick in body, mind and soul, and etc.

## **VI. Conclusion: The Power through Prayer**

**b. Let us take public action for at least 1 hour a day.**

Once again, I would like to emphasize two quotes from today.

"It is not prayer in addition to work but prayer simultaneous with work.

We precede, enfold, and follow all our work with prayer.

Prayer and action become wedded."

## VI. Conclusion: The Power through Prayer

*"Do not expect the answer just because you have prayed.*

*But apply yourself physically to the fulfilment as much as possible.*

*Then God will help you in the accomplishment."*

God bless you and your family in the month of May!

Let us pray.



# **10 Best tips on Prayer**

by Jim Stephens

## **1. *Schedule a Prayer Time.***

Make an appointment with God.

Make it a priority

## **2. *Just Get Started.***

Night time prayer or morning prayer

Start small

Work up to longer prayers.

## **3. *Think of God's Point of View***

Ask for insight

Understanding confession and repentance



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## 4. ***Be specific.***

Making a prayer list.

## 5. ***Pray out loud.***

Three hints:

1. Be creative.
2. Find something or "someone" to talk to
3. Tape record your prayer.

## 6. ***Pray with other people.***

## 7. ***Pray for others.***

Both of you will benefit.

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## 8. *Ask Questions*

## 9. *Create a holy environment.*

Gather inspirational reading materials.

Prepare your surroundings with pictures, music, flowers, candles, etc.

## 10. *Build your foundation step by step.*

Have patience.

Prayers that God cannot answer.

Take irreversible steps.

It's all worth it.

Never give up

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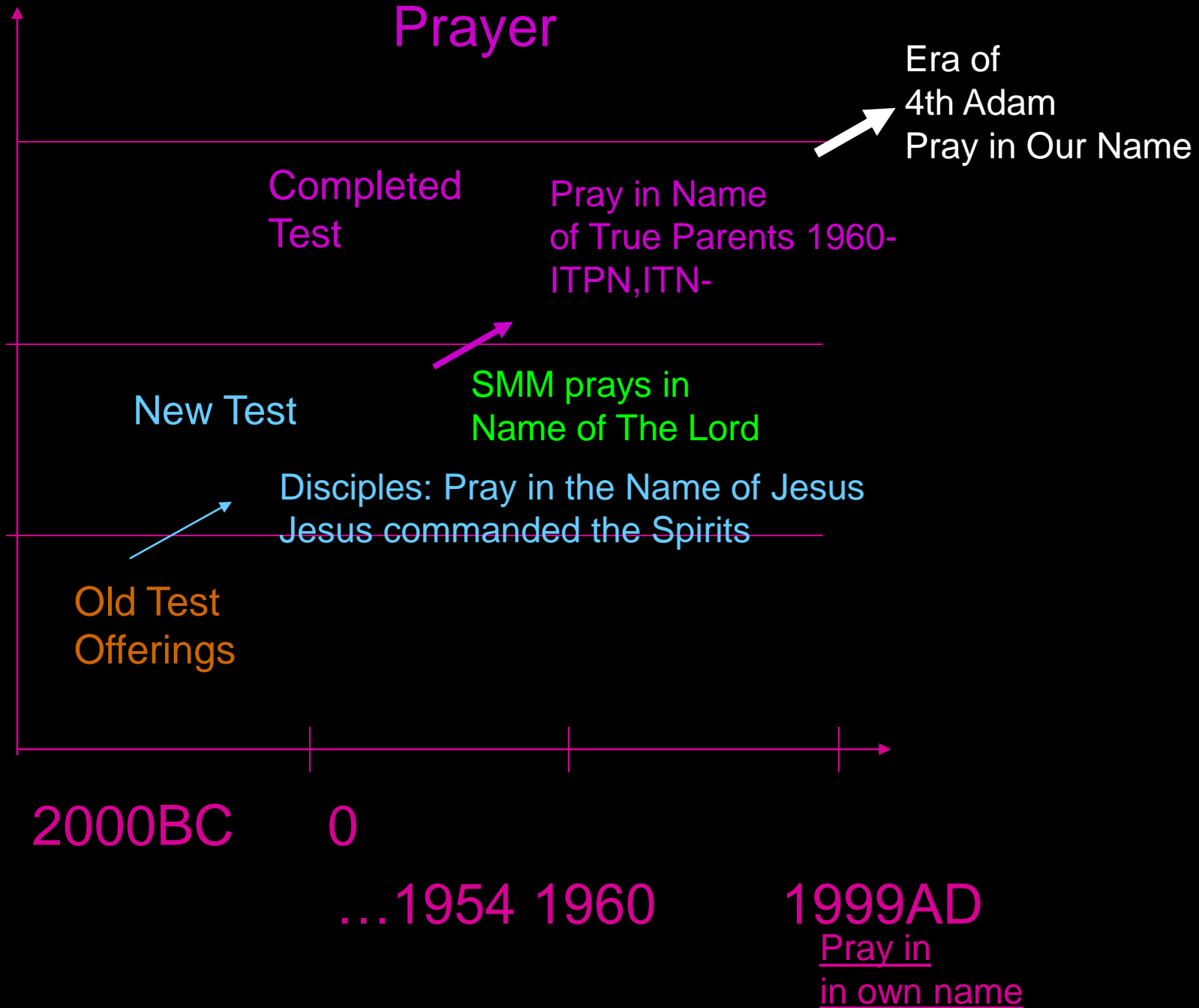


Artist: Benny Andersson



- 1954-1960  
In the Name of the Lord. Amen
- 1954-1960  
In the Name of True Parents. Amen
- 14 Sept 1999 members start praying  
in their own names
- 2006, All Blessed Couples  
Prayers ending with “Aju” = owner of Universe

# Prayer



- When we are going the wrong way, prayer guides us to the right direction. /Jul 4, 1971
- Test the power of your prayer.  
Pray every day for one person [without telling him].  
Pray tearfully for his well-being, and see what happens.  
Amazingly, he will feel a magnetic attraction to you.  
He will feel drawn to you, but he won't know why.  
/April 15, 1979
- Prayer is needed to purify the mind and spirit. It is necessary training to purify the mind and to focus the mind on God. /Oct 3, 1988

- Those who pray do not make serious mistakes; they know what to do.

Once you develop the habit of prayer and relish its taste, you will find it tastier than food and more interesting than listening to music or watching a movie.

Moreover, you will find that you are better able to distinguish between good and evil and make the correct choices in life.

/June 12, 1983



Do you think God prays sometimes?  
Sometimes without thinking a parent murmurs to  
himself or herself,  
"Oh, I wish my son would do this, or be that way."

That is God's prayer also.  
God is murmuring about you, about me and about  
the Unification Church because this is an emergency  
and He is engrossed in His concern.

That is God's prayer.

You don't even have to sit down to pray;  
you can just talk to yourself as you go,  
whispering and murmuring your concern. ‘

That's prayer.

**In our case praying and doing is our life.**

/SMM April 15, 1979

From the Book: A Life of Prayer,



## **Basis of Healthy Society**



**All based on Prayer**



1962

*Hope*

*Entréuty*

*Resurrection*

*Heart*

*Faith*

*Filial Piety*

*Loyalty*

*Determination*

*Devotion*

*Restoration*

*Victory*

*Unification*

REVEREND

SUN MYUNG MOON

# PRAYERS

A Lifetime of Conversation  
with Our Heavenly Father

# God Hears Prayer







Dreaming of Heaven

Artist: Harmony Becker

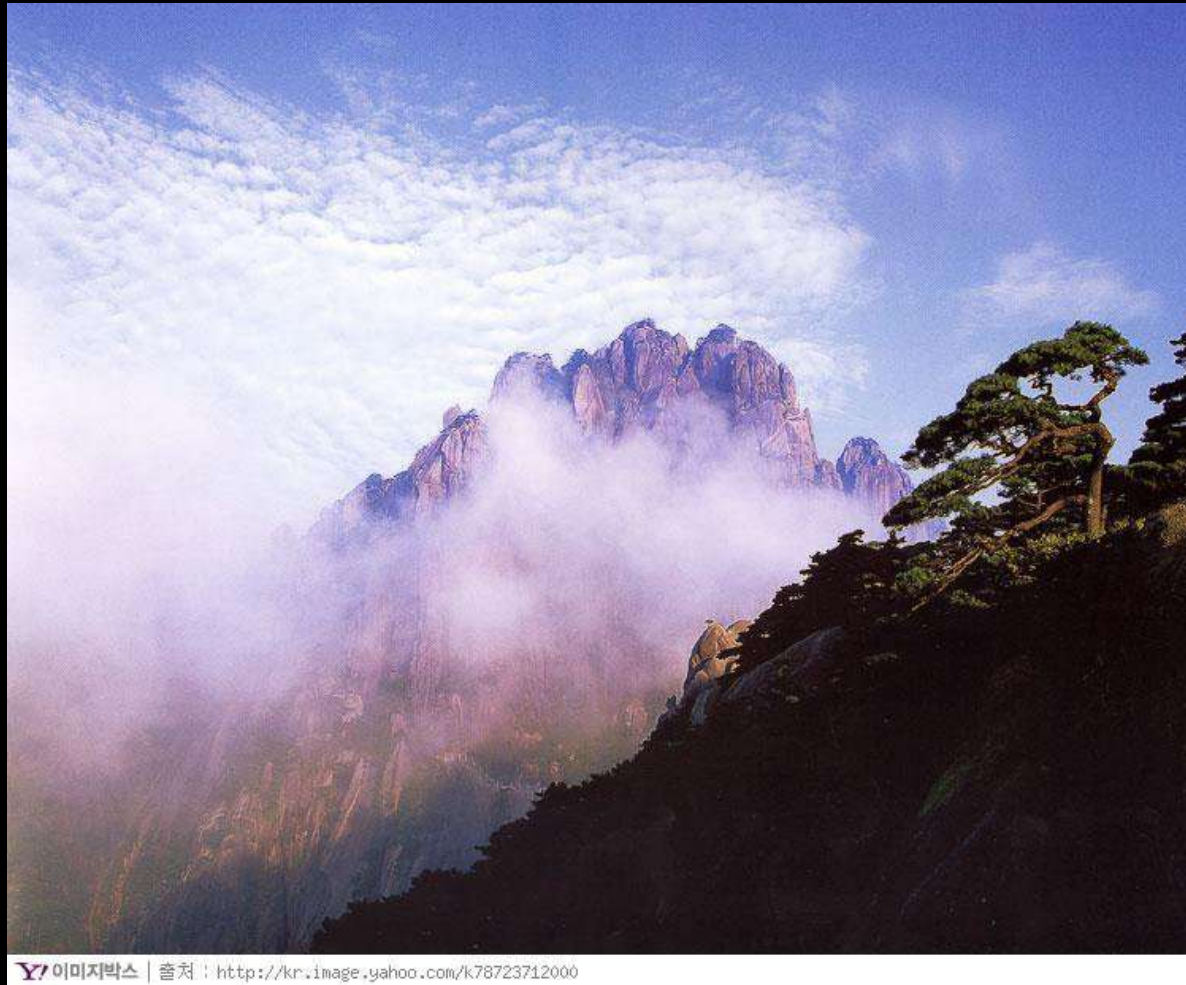


End

## References:

**Main Source: Divine Principle:** [www.unification.net/dp96](http://www.unification.net/dp96)

**Speeches by Sun Myung Moon:** [www.tparents.org/Lib-Moon-Talk.htm](http://www.tparents.org/Lib-Moon-Talk.htm)



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Remember the beauty in Gods nature is there  
to inspire us!

Have a great Blessed week.

Prepared for 2nd,3rd... Gen. inspiration

/Bengt